

Bright IDEAS welcomes Anne!

WORRIES

UPCOMING
SCANS

DATING

FATIGUE

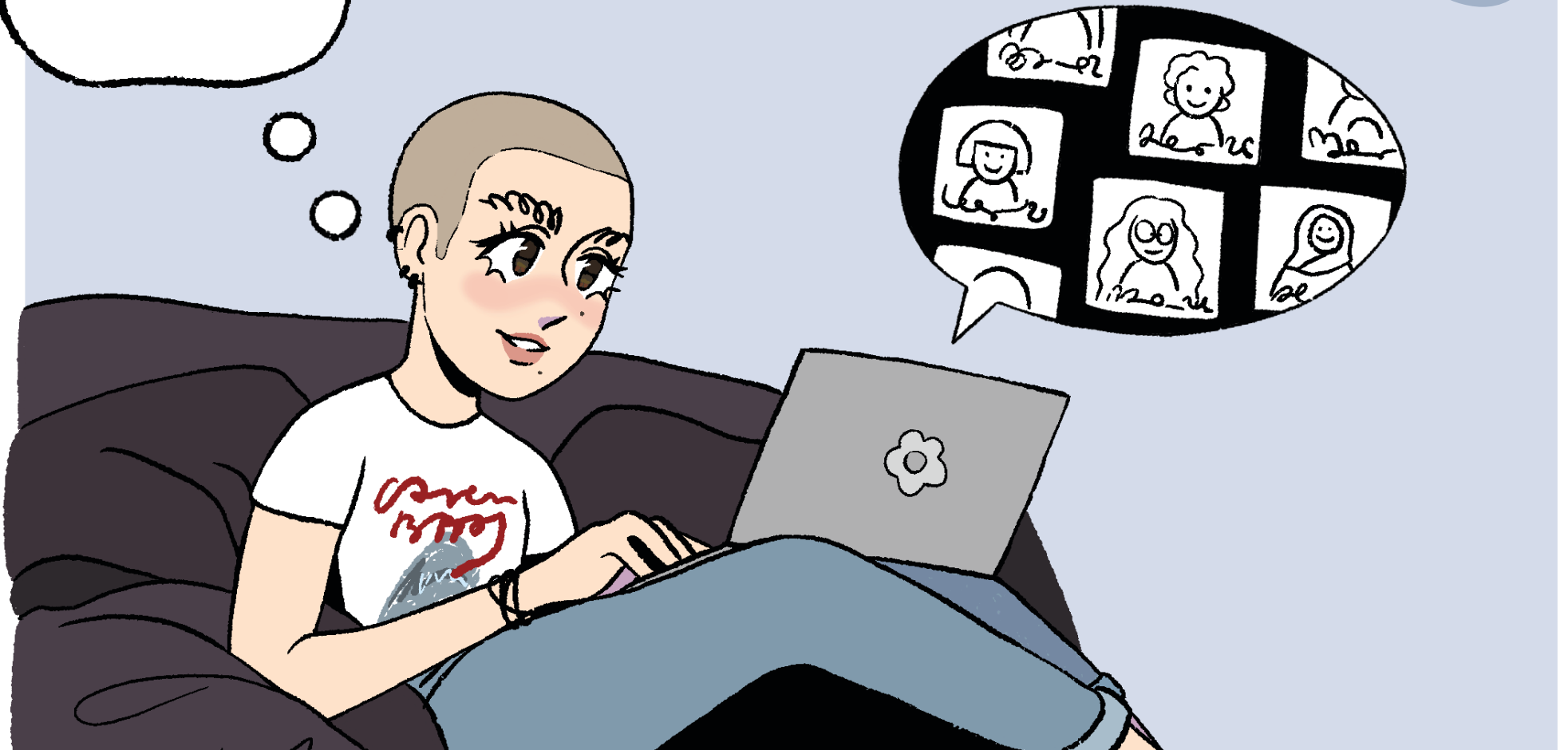


BUT I LOVE MY
NEW LOOK!

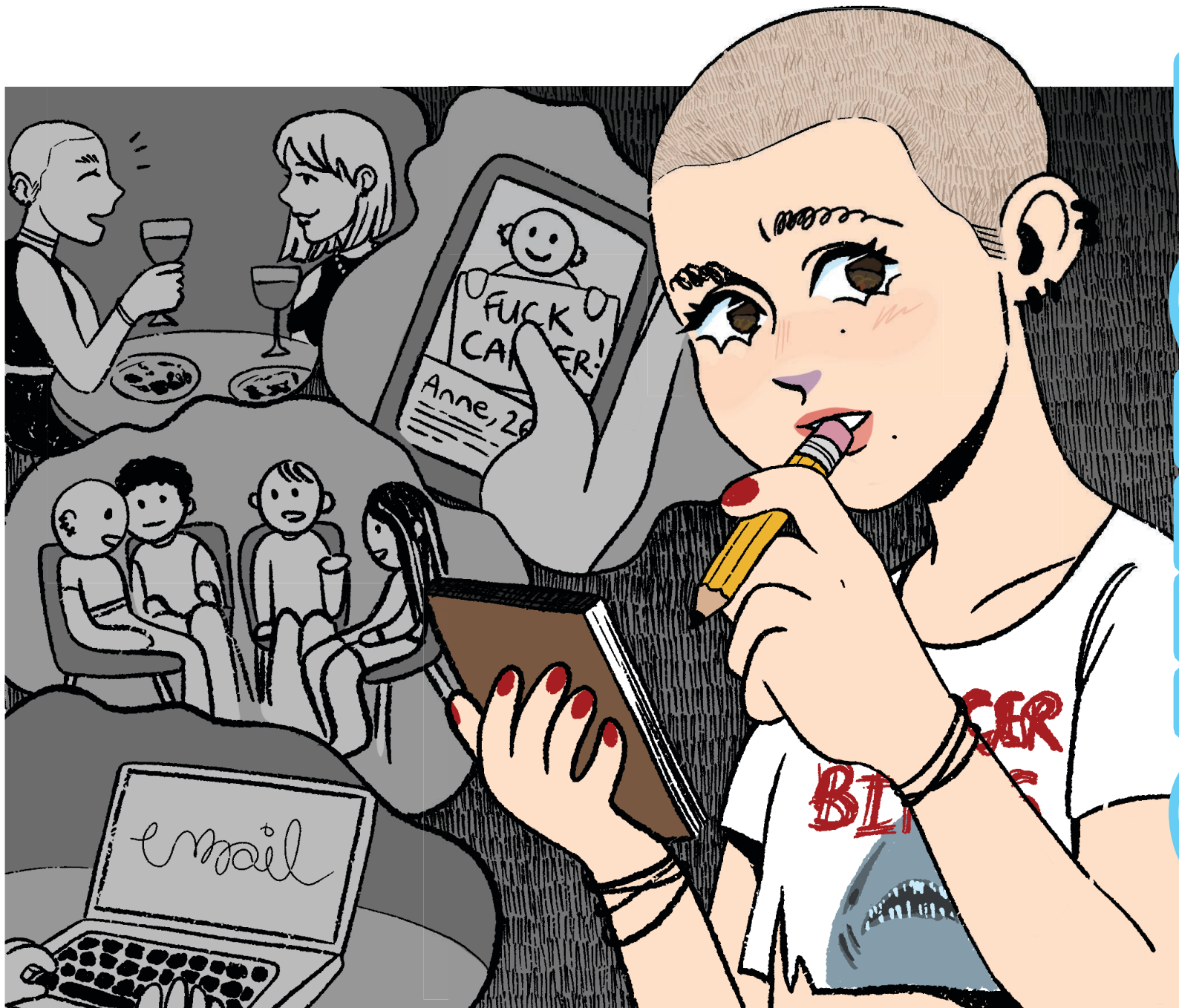
 **Bright IDEAS®**

Identify

DO I HAVE TO
SAY SOMETHING
BEFORE A DATE?



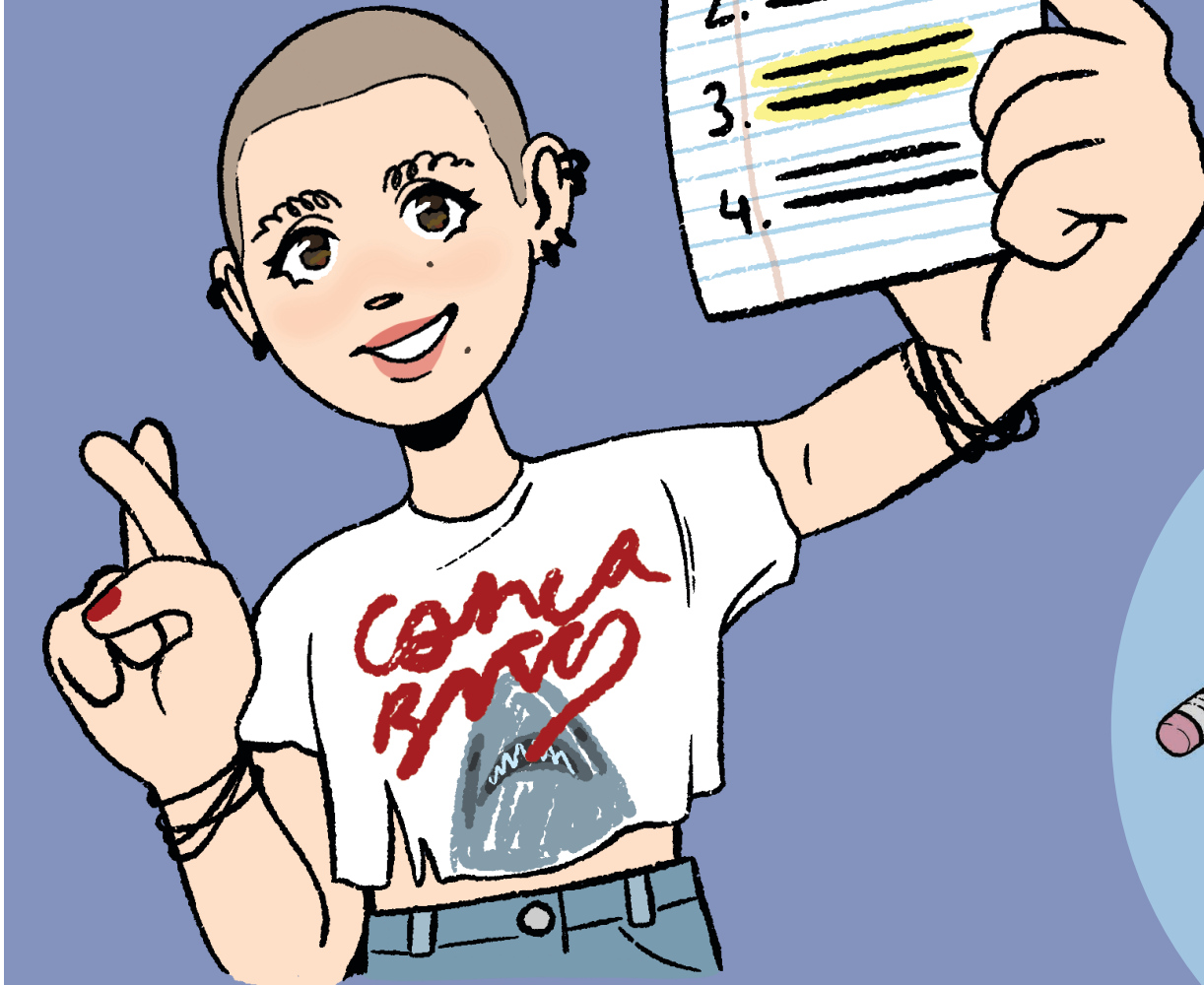
Anne is ready to date, but is unsure how to tell potential girlfriends about her cancer...



Defining

Anne defines her options, brainstorming as many potential solutions as she can.

Evaluate

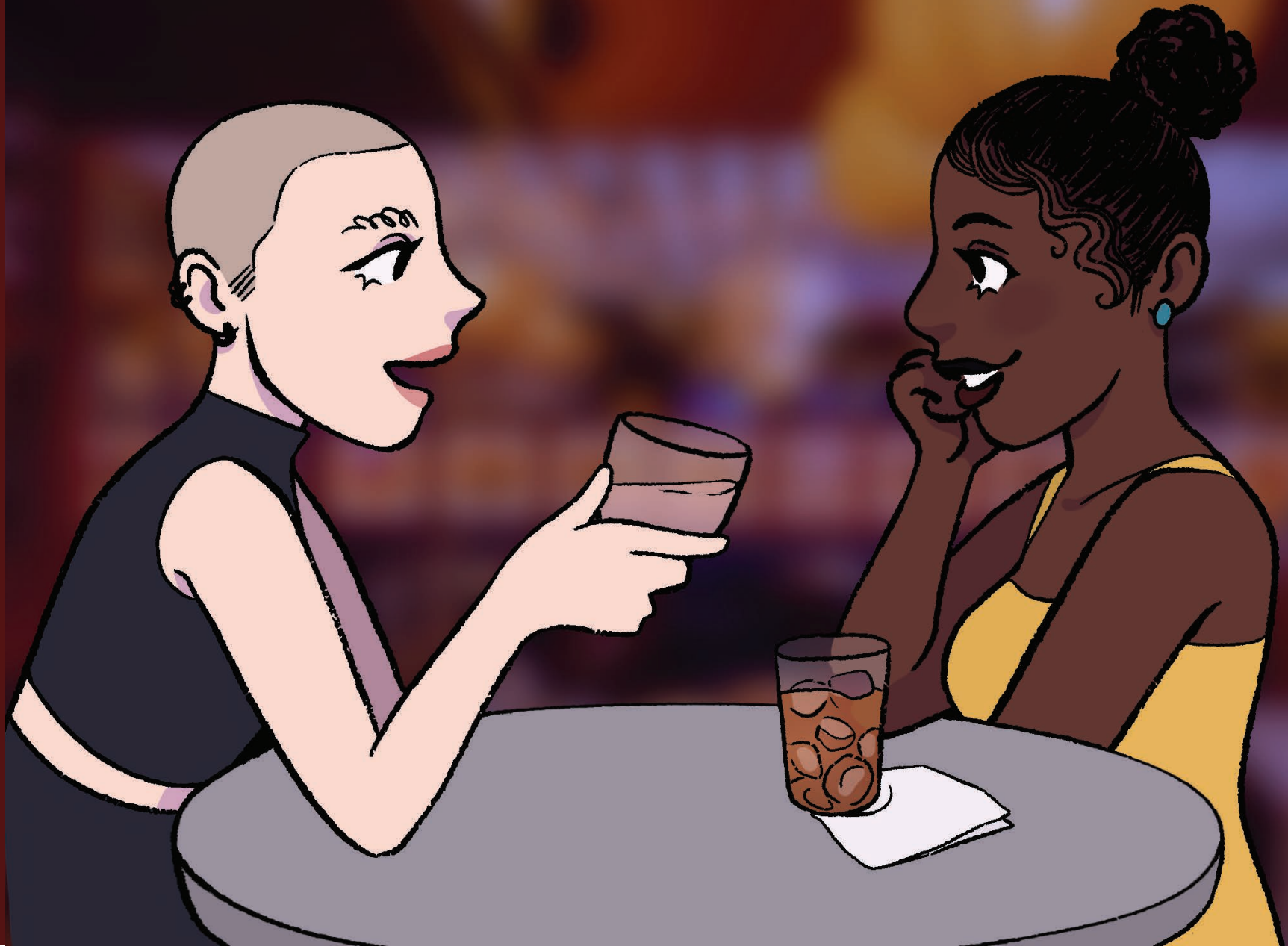


Anne evaluates her options, selecting two that she thinks will work best for her.



Anne acts on her plan. First she calls a friend who sets her up on a date. Second, she asks to send an email to someone she met online to tell her ahead of the planned date.

Date One: Shannon



Anne goes out on a date set up through her friend, who had already told Shannon about what Anne was going through.

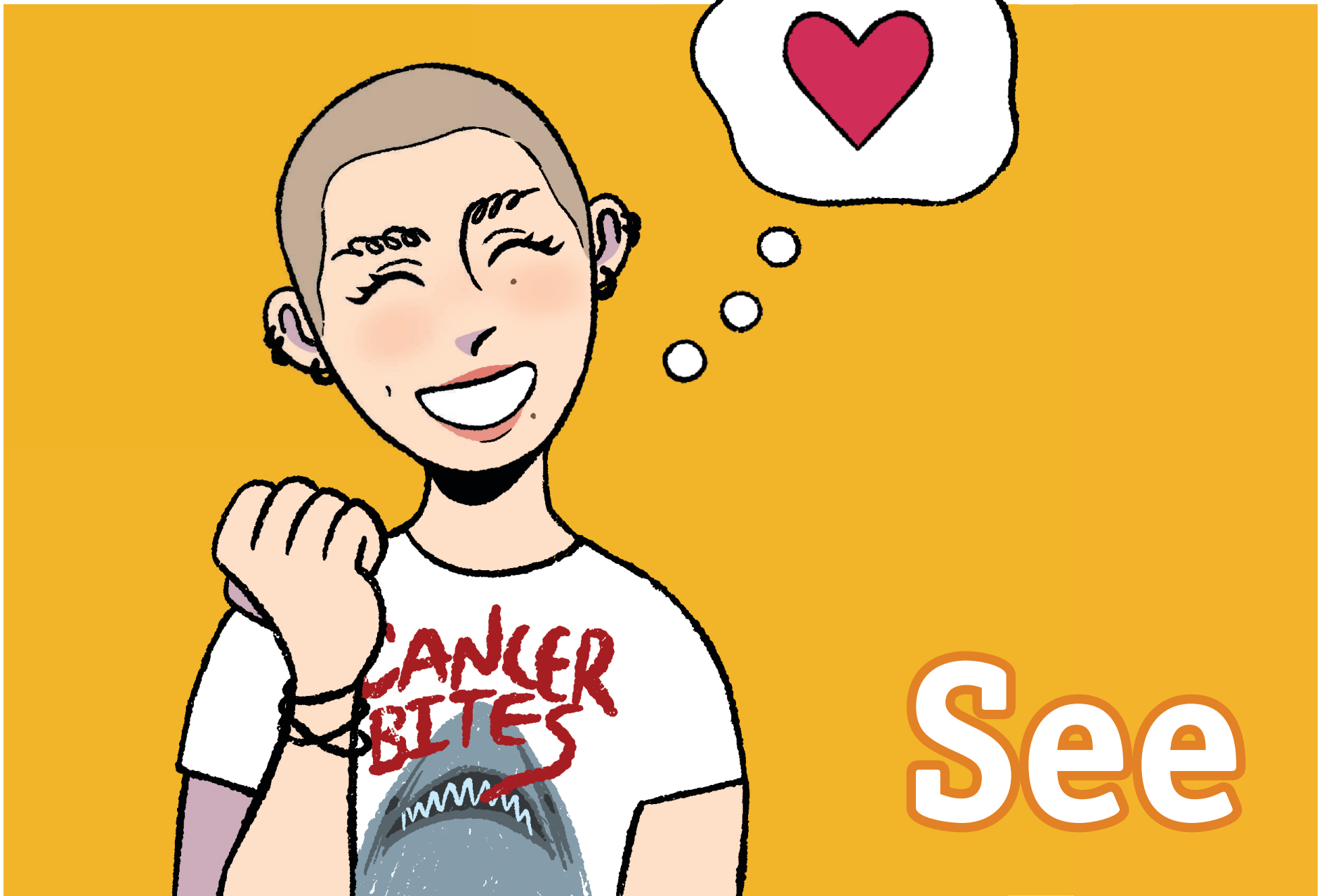
HEY ANNE,
THANKS FOR YOUR
EMAIL. I'M SORRY
YOU'RE GOING
THROUGH THIS. I'D
STILL LIKE TO GO
ON THE DATE IF
YOU'RE UP FOR IT!

GREAT, SEE
YOU THEN!



Date Two: Katie

Anne tells Katie about her cancer experience ahead of time.



See if it worked...Anne is happy with how things have turned out. She feels ready to tackle the next challenge!